



Division of
Peer-Based Services

RAMS is offering a
“**Leadership Academy**”
training series,
designed to support
and educate peers who
provide services in the
behavioral health field

**Participate in a 3 hour
Interactive Training for
Peer Providers.**

**Learn About the Foundations
of Various Treatment
Methods in Psychotherapy!**

**JUNE 30TH, 2017
FRIDAY * 9AM-12PM
SFSU Downtown Campus
835 Market Street
Room 619, 6th Floor**

**Coffee and light breakfast
will be provided.**



LEADERSHIP ACADEMY
**TOPIC: FOUNDATIONS OF THERAPEUTIC
TREATMENT APPROACHES**

About the Workshop: CBT, DBT, EMDR. Do you ever find yourself wondering: what do all these letters actually mean?? Come and learn the foundations behind a variety of therapeutic approaches: Cognitive Behavioral Therapy, Dialectical Behavior Therapy, Eye Movement Desensitization and Reprocessing, and other evidence-based approaches such as psychodynamic and somatic therapy. As peer providers you may be supporting individuals who are receiving these types of services and the foundational information you learn will be directly applicable to your work as a part of multi-disciplinary treatment teams with psychotherapists, psychologists, social workers and other behavioral health providers. You will leave with a deeper understanding of how to align your services to the treatment your client is receiving. This interactive and engaging opportunity is sure to broaden your knowledge of the behavioral health field!

About the Presenter: Katy Thomas is the Coordinator for the RAMS Peer Specialist Mental Health Certificate program. She has a Master’s degree in Counseling Psychology from the University of San Francisco and is working towards her Marriage and Family Therapist license in a private practice setting. Prior to joining RAMS, she worked for a large school district in Sacramento both as a therapist and as a trainer. She has years of experience designing and presenting workshops on topics related to social/emotional wellness. Katy is enthusiastic about working with peer providers and places emphasis on the benefits of multi-disciplinary teams that consist of individuals with a variety of training backgrounds and lived experience.

Please RSVP (now required 😊), as space is limited!
RSVP to Katy Thomas: (415) 579-3021 Ext. 120 / certificate@ramsinc.org