

On Wednesday, March 28<sup>th</sup>, 2018, 9 a.m. - 12 p.m.,  
*rams* is happy to invite you to:

“Getting Into Mud Together” :  
Trauma, Despair and Dream  
Analysis  
presented by  
Etty Cohen, PhD



### Overview of the training:

Finding ways to treat traumatized patients touches on profound issues in the human experience. This training discusses different psychoanalytic theories on trauma and illustrates how Sándor Ferenczi and the relational approach can be applied to the treatment of traumatized inner-city patients. In addition, Cohen uses the material of her patient, Dana, as a backdrop for discussing traumatic dreams. Current literature reactivates the seemingly opposing viewpoints regarding the actuality of reported traumatic dreams. Assisting dissociative patients to understand the multiple meanings of their dreams can lead to uncovering their memories of their past traumatic experiences. In working with these traumatized patients, Cohen focuses on her point of view of the “narrative truth” as being more central than a “historical truth.”

Working with traumatized inner-city patients where despair rules their day, mutual regressive process is meaningful in order for the patients, as well as their therapists, to be able to discover that genuine hope can be sustained. Cohen illustrates this process with another traumatized patient, Gary, who was deeply in despair.

### About the presenter:

Etty Cohen, Ph.D., is a Training and Supervising Analyst at The American Institute for Psychoanalysis of The Karen Horney Psychoanalytic Center, and a Faculty Member of The William Alanson White Institute. She is an Associate Editor of the American Journal of Psychoanalysis and the author of [Playing Hard at Life: A Relational Approach to Treating Multiply Traumatized Adolescents](#), for which she received the 2003 Author's Recognition Award from PCMH (Postgraduate Center for Mental Health, NYC).

Dr. Cohen's publications include the following themes: Sándor Ferenczi's theory and his therapeutic techniques, aspects of dissociation, enactment, self-disclosure, termination, culture, HIV/AIDS, violence, trauma, terrorism, and war.

Dr. Cohen is currently in private practice in New York City.

# **“Getting Into Mud Together”: Trauma, Despair and Dream Analysis**

## **Presented by Ety Cohen, PhD**

This intermediate-level course is intended for psychologists, social workers, marriage and family therapists, and professional clinical counselors who have experience in working with severely traumatized patients.

### **Course objectives:**

1. To review current psychoanalytic theories on trauma
2. To describe Ferenczi’s “confusion of tongues” theory of trauma.
3. To identify the applications of Ferenczi and the relational approaches to treating inner-city patients;
4. To increase understanding of how dreams uncover patients’ past traumatic experiences;
5. To increase knowledge of the process of mutual regression toward despair that eventually leads to genuine hope.

### **Attendance:**

Attendance is FREE. No RSVP is necessary. The training will start at 9:00 am and end at 12:00 pm; there will be one planned 15-minute break. Those arriving more than 15 minutes after the start time or leaving before the workshop is completed will not be able to receive CE credit.

### **CE credits:**

2.75 continuing education credits for licensed psychologists, MFTs, LCSWs, and LPCCs are provided for participation in the full three-hour training.

RAMS is approved by the California Psychological Association (RIC121) and California Board of Behavioral Sciences (PCE4601) to provide continuing education for Psychologists, MFTs, LCSWs, and LPCCs. RAMS maintains responsibility for this program and its content.

#### **Please direct any questions regarding CE credits to:**

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**Location: *rams*’ Conference Room, 3654 Balboa St.,  
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