

Workshop with Steven Levenkron  
October 23, 2009 Priority Registration \$40.00

For ONLINE REGISTRATION, visit  
[www.ramsinc.org/register](http://www.ramsinc.org/register)

## REGISTRATION FORM

First Name \_\_\_\_\_

Last Name \_\_\_\_\_

Agency \_\_\_\_\_

Address \_\_\_\_\_

City, State Zip \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Discipline \_\_\_\_\_

License # \_\_\_\_\_ Receiving CE credit?  
Check if YES

## PAYMENT INFORMATION

Method of  Check\*(enclosed)  AmEx

Payment  Visa  Mastercard

Card # \_\_\_\_\_

Exp Date \_\_\_\_\_ 3 or 4 digit  
security code \_\_\_\_\_

Cardholder \_\_\_\_\_

Billing  
Address \_\_\_\_\_

Signature \_\_\_\_\_

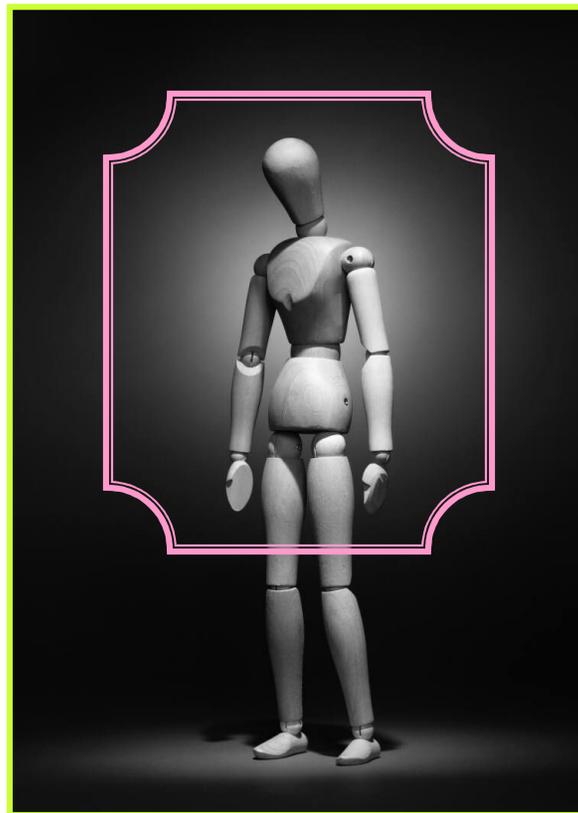
\*Make check payable to **RAMS** and send to:  
3626 Balboa St, San Francisco, CA 94121  
Attn: Kitty Ha

**rams** is pleased to present

Workshop  
with

# Steven Levenkron

## Eating Disorders, Self- Mutilation, and Sexual Abuse



## October 23, 2009

From 9:00<sub>am</sub> to 3:00<sub>pm</sub> (Registration 8:30<sub>am</sub>)

**Steven Levenkron** is a psychotherapist with over 30 years of practice in New York City. Author of seven books, both fiction and non-fiction, published from 1978, Mr. Levenkron's work is widely acclaimed as original and groundbreaking in both the theoretical conception and clinical treatment of Anorexia Nervosa, Self-Mutilation, and Obsessive Compulsive Disorder. His books include the highly acclaimed *Cutting: Understanding and Overcoming Self-Mutilation*, *Anatomy of Anorexia*, and *The Luckiest Girl in the World*, a novel about a self-mutilator. His latest book is titled *Stolen Tomorrows: Understanding and Treating Women's Childhood Sexual Abuse*, with Abby Levenkron.

His clinical work with patients, began in 1970, is based on the Nurturant – Authoritative approach that he developed as a direct result of treating the victims of these endangering disorders. In his private practice he has assisted many young people in their recovery from these serious disorders, helping them back to healthy productive lives.

**Author's books will be available  
for purchase and signing**

**MFTs/LCSWs:** Meets qualifications for 4.5 CE Credits. Richmond Area Multi-Services is a provider approved by BBS (PCE4601). **Psychologists:** Meets qualifications for 4.5 CE Credits. RAMS is a provider approved by MCEP (RIC121).

Registration Fee **\$40** priority reg.

Includes CEU Certificate

No refunds for cancellations

Space is limited, please register early!

Oct 21 priority registration **\$40**. Late/on-site **\$45**.

For more information, contact Kitty Ha at

[kittyha@ramsinc.org](mailto:kittyha@ramsinc.org)

(415) 668-5955 x 375

St Mary's Cathedral Event Center

1111 Gough Street, San Francisco

# Eating Disorders, Self-Mutilation, and Sexual Abuse

Workshop With Steven Levenkron

October 23, 2009

This course will provide an overview of issues relating to eating disorders, cutting & self-mutilation, and sexual abuse within the adolescent age group. Topics of discussion and presentation will include prevalence and current trends, identification and treatment of such issues, and evidence-based practices and treatments. The course will present a framework in which to view the client's psychological make-up (including biopsychosocial), the rationale or meaning of "acting out" symptoms (phenomenal experience, secondary gain, and growth of the symptoms), and the development of addictive elements. Attendees of the course will also gain understanding of the reasons for the choice of symptoms, provocations, and personality history as well as elements in the treatment relationship that will make recovery desirable to the client, including treatment settings and psychotherapeutic techniques.

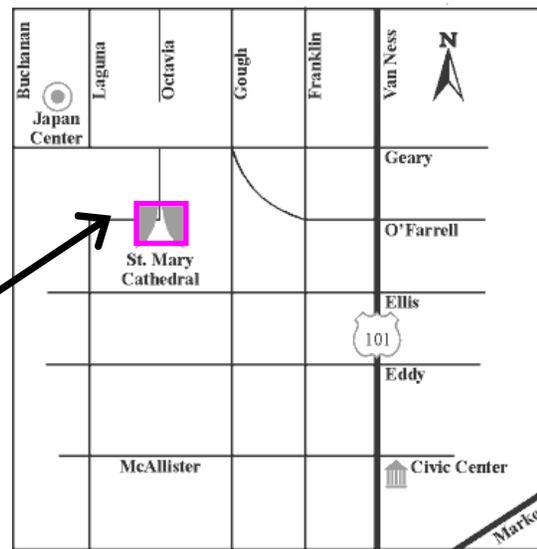
**Goals & Objectives:** As a result of attending these presentations, the participant will be able to:

1. Present a framework in which to view client's psychological make up, the rationale or meaning of acting out symptoms (phenomenal experience, secondary gain, and growth of the symptoms), and the development of addictive elements.
2. List reasons for the choice of symptoms, provocations, and personality history.
3. Learn elements in the treatment relationship that will make recovery desirable to the client, as well as treatment settings and therapeutic techniques.

## Timed Outline

8:30 am – 9:00 am	Registration & Sign-In
9:00 am – 9:10 am	Welcoming Remarks
9:10 am – 10:30 am	Session I: Eating Disorders
10:30 am – 10:45 am	Break
10:45 am – 12:00 pm	Session II: Cutting & Self-Mutilation
12:00 pm – 1:00 pm	Lunch
1:00 pm – 2:30 pm	Session III: Sexual Abuse
2:30 pm – 3:00 pm	Evaluation & Sign-Out

The Event Center, Saint Mary's Cathedral  
1111 Gough Street  
San Francisco, CA 94109  
(415) 567-2020  
[www.cathedraleventcenter.com](http://www.cathedraleventcenter.com)



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October 23, 2009

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To send in Registration & Payment:  
(check made payable to **RAMS**)  
Mail: 3626 Balboa St, San Francisco, CA 94121  
Fax: (415) 751-7336  
Attn: Kitty Ha  
Or to REGISTER ONLINE, visit  
[www.ramsinc.org/register](http://www.ramsinc.org/register)

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RAMS, Inc. is a private, non-profit mental health agency that is committed to advocating for and providing community based, culturally-competent, and consumer-guided comprehensive services, with an emphasis on serving Asian & Pacific Islander Americans.

Founded in San Francisco's Richmond District in 1974, our agency offers comprehensive services that aim to meet the behavioral health, social, vocational, and educational needs of the diverse community of the San Francisco Area with special focus on the Asian & Pacific Islander American and Russian-speaking populations.



[www.ramsinc.org](http://www.ramsinc.org)