



You are invited to this all-day presentation for all RAMS staff, interns & trainees.

TIME LIMITED DYNAMIC PSYCHOTHERAPY: *MAKING EVERY SESSION COUNT*

Friday, Oct. 14, 2016, 9 a.m. - 4 p.m.
St. Mary's Conference Center
1111 Gough Street, St. Francis Room
San Francisco, CA 94109

Course Description:

Time-Limited Dynamic Psychotherapy (TLDP) provides a state-of-the-art, empirically-supported integrative treatment model that incorporates current developments in neuroscience, object-relations, attachment, emotionally-focused, and experiential theories, as well as cognitive-behavioral and systems approaches. This workshop will provide the orientation and practical information you need to “make every session count” with clients. TLDP is an approach that privileges understanding the client’s dynamics and being able to make use of the therapeutic relationship to affect change. TLDP is a flexible approach, which teaches a method of focusing that is behaviorally-based and explicit, and can be used for short or long-term therapies. In this workshop, Dr. Levenson will illustrate the TLDP principles and practice, provide a “how to do it” focus, and create a bridge from the specifics of theory to the reality of practice. TLDP is also applicable for couples, groups, and children and in inpatient settings.

Course Objectives:

- Explain TLDP model and its basic assumptions
- Select and assess patients appropriate for TLDP
- Construct a dynamic focus to keep the therapy attuned to specific goals
- Use transference and counter-transference re-enactments as a means of intervening in the here-and-now
- Recognize, elicit, and deepen client emotions to further change

HANNA LEVENSON, PhD

clinical psychologist • teacher • researcher



Hanna Levenson, Ph.D. has specialized in training professionals in brief therapy for over 40 years. She is the author of over **80 professional papers and three books** (*Time Limited Dynamic Psychotherapy: A Guide to Clinical Practice*, and *Brief Dynamic and Interpersonal Therapy*). Her latest book, *Brief Dynamic Therapy*, is part of the American Psychological Association's (APA) Expert Therapists-Theories of Psychotherapy Series. Dr. Levenson is a **Fellow of Division 29 (Psychotherapy)** of the APA and **Professor** at the Wright Institute in Berkeley, CA. She recently received the Distinguished Contribution to Psychology as a Profession Award (CA Psychological Association), and has received the Certificate of Recognition Award (National Organization of VA Psychologists).

Dr. Levenson also maintains a private practice where she sees individuals and couples for therapy and professionals for consultation/supervision. For 20 years she was **Clinical Professor in the Dept. of Psychiatry at UCSF** and **Director of the Brief Therapy Program at the VA Medical Center** in San Francisco. She has taught at Stanford University and has given numerous workshops and presentations on TLDP to various community mental health centers, private practice groups, hospitals, and universities nationally and internationally.

Attendance is FREE. Continuing Education Credits provided. Participant attendance is for FULL DAY only. No RSVP necessary.

CE Credits: RAMS is approved by the California Psychological Association (RIC121) and California Board of Behavioral Sciences (PCE4601) to provide continuing education for Psychologists, MFTs, LCSWs, and LPCCs. RAMS maintains responsibility for this program and its content. Each training date meets the qualifications for 6 hours of continuing education credits. Those arriving more than 15 minutes after the start time or leaving before the workshop is completed will not receive CE credit.

For more information, contact: Connie Chuang at (415)800-0699 or conniechuang@ramsinc.org