

DATE: April 28, 2011

TIME:

9:00 a.m. to 4:30 p.m.

Registration at 8:30 a.m.

LOCATION:

Baha'i Faith, SF Center:
170 Valencia Street
SF, CA 94103

REGISTER: Call or Fax
form to (415) 821-0410

CONTACT:

mhsatraininginstitute@
gmail.com

MFTs/LCSWs: Meets qualifications
for 6.0 CE Credits. HRTC is a
provider approved by BBS.
Psychologists: HRTC is a provider
approved by MCEP. Course Approval
Pending.

The Harm Reduction Therapy Center
(HRTC) has been engaged by the
Community Behavioral Health Services
(CBHS) to deliver a series of trainings
in San Francisco on the topic of
Cultural Sensitivity.

Funded by Mental Health Services Act
(MHSA), the project's goal is to deliver
16 trainings aimed to improve the
CBHS workforce's understanding of
the cultural & linguistic issues and
needs that affect recovery and
resiliency, and improve access to
mental health services, for the follow-
ing ethnic and cultural groups: African
Americans; Latinos/as; Asians and
Pacific Islanders; Native Americans;
Russians; Lesbian, Gay, Bisexual,
Transgender, Queer, Intersex and
Questioning (LGBTQIQ) consumers;
Transitional Age Youth;
and Older Adults.

These trainings are between
April 2010 to June 2011.



**This project is funded by the
Mental Health Service Act**

rams is pleased to present:

Through the Lenses of History and Trauma:

Understanding Russian-speaking Immigrants



Training Overview:

Over the past 20 years, Russian-speaking immigrants, numbering in the hundreds of thousands, have joined all aspects of American life. The vast majority of these newcomers have successfully made a transition to life in their new home. However, some are experiencing significant difficulties which may manifest as mental health problems.

The *didactic seminar* focuses on this phenomenon in the context of history and culture of the former Soviet Union, informed by the concept of trans-generational transmission of trauma. The presenter will discuss how one's personal history and previous traumas (individual and societal) give unique personal meanings to experiences of immigration, dealing with associated psychological distress, and contribute to pathological symptoms.



Through film & case presentations and panel forum, there will be a facilitated discussion of the clinical and cultural aspects of the cases in the context of the trans-generational transmission of trauma and concepts introduced during the morning session. Discussion points include the panelists' psychological insights into the film & case and share their thoughts on culturally typical family dynamics, rites of passage, and trans-generational relationships in the Russian culture.

Presentation: Presenters are clinical staff of Richmond Area Multi-Services, Inc. (RAMS), a non-profit agency with 35 years of experience providing culturally competent services to the community, with an emphasis on serving the Asian & Pacific Islander American and Russian-speaking populations.

Presenter & Panelist: Alla Volovich, PhD

Panelists: Artur Digilov, MD

Faina Samkharadze, MSW

Alexander Zinchenko, PhD

Film: "The Return" (2003) by Andrej Zvyagintsev

MHSA Training Institute Registration Form

Name of Training: _____

Date of Training: _____

Name: _____

(Please print)

Agency: _____

Agency Address: _____ City _____ State _____ Zip _____

Email Address: _____

Phone: _____ Fax: _____

Please circle the area in which best describes your job/position (please mark only one):

- | | | |
|--|------------------------------|-------------------------------|
| 1. Administration/Management | 2. Direct Services, Counties | 3. Direct Services/Contractor |
| 4. Support Services | 5. Community Member | 6. Interpreter |
| 7. Mental Health Board and Commissions | 8. CBO/Board of Directors | |

CEUs: Yes _____ No _____

(CEUs will cost \$20.00 for Psychologists and \$10.00 for all other CEUs)

License type: PhD RN NP LCSW MFT CAADAC

License Number: _____

Signature: _____

If emailing or electronic submission, please type your name above as noted for signature.

Date: _____

To register for this training please either fill out the above document and email it back to MHSATrainingInstitute@gmail.com or fax it to 415.821.0410. For providers wanting CEUs, please mail your registration and payment to:

Harm Reduction Therapy Center: Attention MHSA Training Institute
1015 Martin Luther King Jr. Way,
Oakland CA 94607.