

# RELATIONAL FACTORS IN SUPERVISION:

The Therapeutic Relationship,  
Supervisory Alliance, and Parallel Process

Date: June 14, 2013

Time: 9:00 am to 4:30 pm

(includes 1-hour lunch break)

Location: RAMS Outpatient Clinic  
Conference Room  
3654 Balboa Street, SF

## Course Description:

Relational factors play a central role in the supervision of psychotherapy. Clinical supervision requires careful attention to the therapeutic relationship, the supervisory relationship, and the parallel process occurring among the supervisor, supervisee, and client. Nancy McWilliams, PhD will present her reflections on addressing these relational dynamics that have a profound impact on the process of clinical supervision and psychotherapy. Taught at an intermediate instruction level, this course for clinical supervisors, licensed practitioners, and other mental health professionals.

## Course Goals & Objectives:

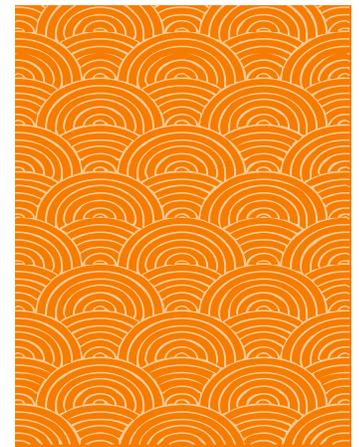
At the end of this course, participants will have learned:

1. Overview of literature on relational aspects of clinical supervision and recurrent controversies in literature of ongoing supervision challenges;
2. How to reduce shame, thereby inviting full disclosure in supervisees;
3. How to navigate the "teach or treat" polarity in supervision;
4. Principles of effective supervision from any theoretical orientation; and
5. How to understand and handle the special obstacles to learning inherent in challenging dynamics inevitable in the supervisory situation.

**Registration:** No RSVP necessary; course attendance is for FULL DAY only. Attendance is FREE, but \$20 fee for Continuing Education Credits. Payments can be made on-site and are non-refundable.

**CE Credits:** Richmond Area Multi-Services, Inc. (RAMS) is approved by the California Psychological Association (RIC121) and California Board of Behavioral Sciences (PCE4601) to provide continuing education for Psychologists, MFTs, LCSWs, LPCCs, and LEPs. RAMS maintains responsibility for this program and its content. Course meets the qualifications for 6 hours of continuing education credits (and supervision training hours) with morning and afternoon breaks and 1-hour lunch. Those arriving more than 15 minutes after the start time or leaving before the workshop is completed will not receive CE credit.

**Questions:** Contact Angela Tang at (415) 668-5955 or angelatang@ramsinc.org



## Featured Presenter:

Nancy  
McWilliams, Ph.D.



Professor, Graduate School of Applied & Professional Psychology, Rutgers University; Distinguished Author of *Psychoanalytic Diagnosis: Understanding Personality Structure in the Clinical Process* (1994, rev. ed. 2011), *Psychoanalytic Case Formulation* (1999), and *Psychoanalytic Psychotherapy: A Practitioner's Guide* (2004); Associate Editor of the *Psychodynamic Diagnostic Manual* (2006); and Past President, Division of Psychoanalysis (39), American Psychological Association